

Rocky Point, NY – Community Highlights

Beaches & Outdoors

Enjoy the North Shore lifestyle with North Shore Beach (private association beach for swimming, kayaking & picnics) and Cedar Beach in Mount Sinai — a public beach with boardwalk, marina, playgrounds, and summer concerts. Nature lovers appreciate nearby Paumanok Path and scenic Mount Sinai Harbor for hiking, fishing, and birdwatching.

Dining & Local Favorites

Rocky Point offers excellent dining options including Spiro's Restaurant & Lounge (fine steaks & martinis), Sea Basin (Italian & seafood), Bonita Mexican Steakhouse, and Phil's Restaurant for casual American fare. A vibrant mix of cuisine and atmosphere right along Route 25A.

Hospitals & Healthcare

Nearby medical centers include Mather Hospital and St. Charles Hospital in Port Jefferson (about 15 minutes away), plus local urgent-care and outpatient facilities along Route 25A in Rocky Point.

Education

Highly regarded Stony Brook University and Suffolk County Community College are within easy driving distance. Several excellent public and private schools serve the Rocky Point district.

Transportation & Access

Convenient to major routes including NY-25A, Route 347, and the Long Island Expressway (I-495). Closest LIRR stations: Port Jefferson and Medford. MacArthur Airport (~35 min) and JFK International (~75 min) offer easy travel options. Local taxi and airport services available.

Lifestyle

Rocky Point blends small-town charm with easy access to beaches, marinas, shops, dining, healthcare, and commuter routes — making it one of Long Island's most desirable North Shore communities.